



**INTROIT**

*“St. Thomas”*

Inglewood First Music

**GREETING AND WELCOME**

Kirstie Baker  
*Liturgist*

**CALL TO WORSHIP**

*Leader: On this first Sunday in Lent, we join Jesus in the wilderness, a place of wild and dangerous things, of testing and temptation away from the security of home.*

***People: God, rescue us in the wilderness!***

*Leader: Once again, we watch and listen as Satan throws out temptation upon temptation, and we find our security in Jesus, who does not waver from the truth.*

***People: God, rescue us within the wilderness!***

*Leader: Once again, we face our own frailty and realize that the wilderness is not nearly as dangerous as our choices to prioritize selfish gain and hoarding of power.*

***People: God, rescue us through the wilderness!***

*Leader: Once again, we call upon God in the wildernesses of our lives, and we trust God’s faithful reply:*

***People: Those who love me, I will deliver; I will protect those who know my name. When they call to me, I will answer them; I will be with them in trouble; I will rescue them and honor them. Thanks be to God! Amen.***

**OPENING HYMN**

*“O How I Love Jesus”*

Hymnal #170

**OPENING PRAYER**

Kirstie Baker

*God, you are our refuge.  
You are the shore in sight,  
you are hands that reach out,  
you are the ground on which to rest.*

*God, you are our strength.  
You are the life we long for,  
you are the refusal to give up,  
you are the keys of home we carry with us.*

*God, you are our help in times of trouble.  
We call on you from the ruins and the rubble,  
We call on you from the wildness and the deep,  
***ALL: We call on you to meet us in this place! Amen.****

**WOMEN’S HERSTORY MOMENT**

Risa Wheat

**PASSING OF THE PEACE**

*“We Are the Church”*

Inglewood First Music

**SCRIPTURE READING**

*Psalms 91:1-2, 9-16  
New Revised Standard Version*

Pastor Monalisa Lolohea

*You who live in the shelter of the Most High, who abide in the shadow of the Almighty,*

2 will say to the Lord, "My refuge and my fortress; my God, in whom I trust."

9 Because you have made the Lord your refuge, the Most High your dwelling place, 10 no evil shall befall you, no scourge come near your tent. 11 For he will command his angels concerning you to guard you in all your ways. 12 On their hands they will bear you up, so that you will not dash your foot against a stone. 13 You will tread on the lion and the adder; the young lion and the serpent you will trample under foot. 14 Those who love me, I will deliver; I will protect those who know my name. 15 When they call to me, I will answer them; I will be with them in trouble; I will rescue them and honor them. 16 With long life I will satisfy them and show them my salvation.

**MESSAGE**

**"Rescue Me"**

Pastor Monalisa Lolohea

**INVITATION TO CHRISTIAN DISCIPLESHIP**

**INVITATIONAL SONG**

*"Kum Ba Yah, My Lord"*

Hymnal #494

**PRAYER FOR THE PEOPLE**

Pastor Monalisa Lolohea

**BENEDICTION**

**POSTLUDE**

*"St. Thomas"*

Inglewood First Music



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**4 WAYS TO GIVE:**

- (1) **Mail:** Send to *Inglewood First UMC*,  
304 E Spruce Ave, Inglewood, CA 90301  
(2) **Online:** [www.inglewoodfirst.org/give](http://www.inglewoodfirst.org/give)

- (3) **Text-to-Give:** Text an amount to **84321!**  
(4) **Download the Church App** at  
[www.inglewoodfirst.org/app](http://www.inglewoodfirst.org/app)

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**ALTAR FLOWERS**

*In Loving Memory of Harold C. Pryor, Husband, Father and Grandfather, given by Jean Pryor & Family*

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**COMING UP @ INGLEWOOD FIRST UMC / [inglewoodfirst.org/calendar](http://inglewoodfirst.org/calendar)**

- **Worship Team Planning Meeting** | Tuesdays @ 10:00 am
- **Monthly Zoom Birthday + Anniversary Shout Out** | Wednesday, March 12 @ 6:30 pm
- **Ad Council Zoom Meeting** | Wednesday, March 12 @ 7:00 pm
- **Zoom Bible Study** | Tuesdays @ 12 pm & 7 pm
- **Virginia Beckett Food Pantry** | Thursday, March 20, 2025 @ 9:45 am - 12:00 pm
- We're on our journey to Build Affordable Housing! Updates @ [inglewoodfirst.org/housing](http://inglewoodfirst.org/housing)

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**CONGREGATIONAL CARE | *Submit prayer requests at [inglewoodfirst.org/prayer](http://inglewoodfirst.org/prayer).***

**MARCH BIRTHDAYS** | Siosuia Tupou 3/2, Kirstie Baker 3/3, Alma Martinez 3/4, Sandra Jefferson 3/6, Madison Boyd 3/9, Lucia Diaz-Fister 3/10, Rev. Neema Cyrus-Franklin 3/14, John Baker 3/14, Rodney Rose 3/15, Ruby Ayala 3/17, Pastor Monalisa Siofele-Lolohea 3/18, Bradley Baker 3/20, Wendy Reynolds 3/22, Lillye Harbison 3/24, John Cohill 3/26, Timothy Tu'uholoaki 3/29

**PRAYER LIST** | Family of Rev. Dr. Lydia Waters • Raymond Naba • Quinn Jones & Family • Larry Porchia & Family • Patricia Thomas • Smith Family • Dozier Family • Jimmie Woods-Gray • Mary Collins • John Cohill • Rokyia Ferguson • Soto-Mack Family • Houseless Neighbors • Elizabeth Payne • Elva Herrera • Affordable Housing Project • Della Greene & Anthony Greene • Stephannie Starr